

**Movement Matters Bali**  
**Equipment Rental, Self Practice, Practice Teaching Guideline, Observation & Pricing**

1. Please be punctual with your booked time slots. You need to end your session on time.
2. Wearing clean SOCKS is compulsory during sessions for everyone.

**Reformer only Rental(open to EVERYONE)**

1. This service is open to everyone who wants to rent a Reformer for self practice.
2. Please book online, or at the front desk. You can check availability on our Mind Body Booking App or with our front desk.

**Full Apparatus Rental(for Teacher Training students of all schools & certified Teachers of all schools)**

1. This service is available to Teacher Training students of all schools & certified Teachers of all schools for self practice and practice teaching.
2. Please book your sessions with our front desk. Online booking is not available for this service.
3. Please be mindful that you are sharing the equipment with other teachers and our paying clients. Our teachers will ask for use of certain equipment during their sessions, kindly work with them and be cooperative. Failure to do so will result in not being able to rent equipment from us in the future.
3. For practice teaching, please practice with your fellow teacher training students, or bring your family/friend. DO NOT approach our clients to offer to teach them.
4. Your practice body will fill out a form and sign a liability waiver before they begin their sessions with you.
5. If you are a foreigner, please know that you are not allowed to receive money from teaching your practice body. This is a serious offense and failure to observe this regulation will result in deportation.
6. Please note that full apparatus sessions are only available after 1pm, or when the space is available and during office hours.

### **Full Apparatus Rental(for Indonesian certified Teachers to teach their paid clients)**

1. This service is available to Indonesian certified Teachers of all schools for teaching their paid clients.
2. Please book your sessions with our front desk. Online booking is not available for this service.
3. Please be mindful that you are sharing the equipment with other teachers and our paying clients, our teachers will ask for use of certain equipment during their sessions, kindly work with them and be cooperative. Failure to do so will result in not being able to rent equipment from us in the future.
4. Your client will fill out a form and sign a liability waiver before they begin their sessions with you.
5. Please note that full apparatus sessions are only available after 1pm, or when the space is available and during office hours.

### **Observation(for Movement Matters Bali Teacher Training students only)**

1. This service is available to MMB Teacher Training students for observing classes to prepare for their exams.
2. This is free of charge.
3. Please book at the front desk. We can only allow 2 students in an hour.
4. Please be on time with your time slot booked.
5. Please respect the teachers and the clients while you are observing them by staying at your designated spot(please ask the teachers if you aren't sure) and remain quiet throughout the session. You should be at a distance from them. Talking with other students during observation is not allowed.
6. Please do not ask the teachers questions about their sessions, instead, write down these questions, ask them during your training, or during your mentoring session with Sook.

### **Equipment Care Essential**

Renter/Student is responsible for keeping the equipment **clean** and **taking good care** of the equipment.

**It is your responsibility to pay attention and learn about equipment safety.**

- CLEAN SOCKS are compulsory during sessions.
- You must wipe down the equipment at the end of each hour. Please return any equipment/springs/props/accessories you have used to their original place and in their original order.
- **Do Not wear** jewelry, hair pin, leggings/pants, with back zippers and body lotion,, this will damage the vinyl on the equipment
- Do not put any drink or water on top of the equipment
- Adjust the Reformer footbar quietly with care.
- Place the Reformer box onto the Reformer gently.
- Use the sleeve and flap to protect the vinyl on the Cadillac/Trapeze Table while using the bottom loaded springs on push thru bar.
- RENTER/STUDENT IS FINANCIALLY RESPONSIBLE FOR PAYING FOR DAMAGE OF THE EQUIPMENT PARTS OCCURRED DURING RENTAL SESSIONS.

I HAVE READ, UNDERSTAND AND AGREED ON THE ABOVE TERMS AND CONDITIONS,

Renter/Student's name and signature,

Date

## Appendix

### Equipment & Rental Pricing (incl. tax)

#### Studio 1

Full Apparatus Rental(for teacher training students & certified teachers only, per 55 minutes)

Drop in : 386,400

5-pack : 1,680,000

10-pack : 3,024,000

#### Studio 2

Reformer rental prices(open to everyone, per Reformer, per 55 minutes)

Drop in : 257,600

5-pack : 1,120,000

10-pack : 2,016,000

#### Studio 1

4 Reformers (3 Merrithew, 1 Balanced Body)

2 Cadillac (1 Merrithew, 1 Balanced Body)

2 Ladder Barrels (1 Merrithew, 1 Balanced Body)

5 Chairs (3 Exo Chairs, 1 Balanced Body Combo Chair, 1 Merrithew Stability Chair)

3 Baby Arc/Arc Barrel (1 Merrithew, 2 Balanced Body)

1 Merrithew Spine Corrector

2 Spine Supporter (1 Merrithew, 1 Balanced Body)

Props & accessories (mats, blocks, swivel discs, sit fit, toning balls, fascia balls, togu balls, sponges, 1kg dumbbells, fingers exerciser, rubber massage/tennis balls, bands, wobble boards, mini Pilates balls, 65cm balls, rings, foam rollers, cushions)

Towels

#### Studio 2

8 Reformer (Merrithew)

7 Cardio Tramp

8 Pilate Arc

7 Mat Converter

Props(blocks, mini Pilates balls, rings, knee pads)

Towels